



Angela Parker / Body Inspired Fitness – MEDIA REQUEST FORM – www.bodyinspiredfitness.com

Thank you so much in advance for your time and interest in Angela Parker and the Body Inspired Fitness program for your media outlet. In order to coordinate and facilitate all requests in a timely matter for our team and yours, we'd like to ask that you take just a few minutes to fill out some questions which will give us more background on your outlet and your goals.

Your Name _____

Media Outlet Name _____

Websites (Number of Monthly Viewers) _____

Print (Number of Subscribers) / Where is publication found?

Contact Email Address _____

Contact Phone Number _____

Our company is seeking the following with Angela Parker (please check one or multiple)

_____ An Interview

_____ A Video Shoot

_____ A Personal Appearance

Please describe in detail what you're specifically looking for Angela Parker to do as part of this interview, video shoot and or personal appearance

Target Date for Interview, Shoot or Appearance to happen?

How long do you anticipate the Interview, Shoot or Appearance to take? _____

When is the article, photos and or video expected to go live? _____

Available Time Frame Options you're seeking for the interview, shoot or appearance

How do you and your media outlet and or organization plan to cross-promote the interview, photo shoot and or appearance to support Angela Parker and Body Inspired Fitness?

Through Social Media (Facebook & Twitter) _____

Through a website _____

Through print _____

Through broadcast _____

Through radio _____

Through Youtube _____

Through email marketing _____

All of the above _____

Please describe

We thank you so much for your time and energy! We look forward to working with you and your team and you can expect to hear back from us within 24-hours of receipt of this media request. Please email the request form to Angela Parker's publicist, Nicole Myden for consideration: nicole@nm-pr.com

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